

Birth/Death and Rebirth

- “Through pain and suffering the character overcomes feelings of despair, and through a process of self-realization is reborn” (Herz and Gallo 110).

The Fall: Expulsion from Eden

- “The main character is expelled because of an unacceptable action on his or her part” (Herz and Gallo 111).

Annihilation/Absurdity/Total Oblivion

- “In order to exist in an intolerable world, the main character accepts that life is absurd, ridiculous, and ironic” (Herz and Gallo 116).

Archetypal Colors

Color = positive (negative)

Black = power (death, mourning)

Blue = nobility, tranquility (depression)

Brown = Earth, nature (confusion)

Gray = neutral (passionless)

Green = fertility, renewal, wealth (greed, envy)

Orange = adventure, change (forced change, disruptiveness)

Purple = royalty, positive personal growth (injury)

Red = sex, love (sacrifice, taboo, humiliation, danger)

White = purity, wholesomeness, rebirth (emptiness)

Yellow = enlightenment (cowardice, illness)

Archetypal Images

Water = purity, cleansing, baptism

Fire = purging, tribulation

Seasons = spring is birth, winter is death

Heavenly bodies = moon is change, sun is power

Circles = completeness, wholeness, unity

Plants = Oak is strength, rose is beauty

Animals = serpent is evil, lamb is innocent, lion is strong

Wilderness = place of testing, place of danger

Numbers = 3 is a divine trinity, 7 is perfect or luck